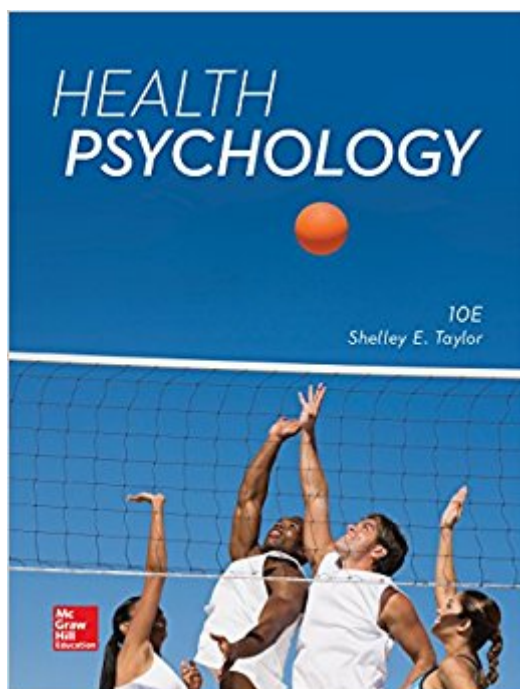


The book was found

# Health Psychology (B&B Psychology)



## Synopsis

Since the first edition was published in 1986, Health Psychology has helped thousands of college students learn how to maintain their health and guard against illness. The goal of this book has always been to make research accessible in a way that integrates theory with practical applications so that people can lead healthier lives. The importance of social relationships, health behaviors, and co-management of health and illness are themes that are woven throughout the text. The Connect course for this offering includes SmartBook, an adaptive reading and study experience which guides students to master, recall, and apply key concepts while providing automatically-graded assessments. **McGraw-Hill Education Connect®** •The Connect Suite effectively engages students in the course so they are better prepared for class, more active in discussion, and achieve better results. Its innovative and adaptive technology addresses a wide variety of student and instructor needs with a rich database of assignable and assessable activities, each attached to learning objectives. Connect, part of the Connect suite, is a web-based assignment and assessment platform that features a number of powerful tools that make managing assignments easier for instructors and learning and studying more engaging and efficient for students. **McGraw-Hill Education Connect Insight™** •As part of the Connect Suite, Insight™ puts real-time analytics in your hands so you can take action early and keep struggling students from falling behind. Designed for your tablet or desktop computer, Insight is a series of visual displays providing at-a-glance information regarding how your section, students, and assignments are doing. **McGraw-Hill Education SmartBook™** •As part of the Connect Suite, SmartBook is the first and only adaptive reading and learning experience that changes the way students read. It creates a personalized, interactive reading environment like no other by highlighting important concepts, while helping students identify their strengths and weaknesses. This ensures that he or she is focused on the content needed to close specific knowledge gaps, while it simultaneously promotes long term learning. **McGraw-Hill Education LearnSmart™** •As part of the Connect Suite, LearnSmart is an adaptive learning program designed to help students learn faster, study smarter, and retain more knowledge for greater success. Millions of students have answered billions of questions in LearnSmart, making it the most widely used tool that has been proven to strengthen memory recall, retain student attendance, and boost grades.

## Book Information

Series: B&B Psychology

Hardcover: 464 pages

Publisher: McGraw-Hill Education; 10 edition (April 3, 2017)

Language: English

ISBN-10: 1259870472

ISBN-13: 978-1259870477

Product Dimensions: 8.1 x 0.9 x 10.2 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #6,398 in Books (See Top 100 in Books) #5 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Diseases #13 in Books > Medical Books > Psychology > Applied Psychology #29 in Books > Medical Books > Medicine > Internal Medicine > Pathology > Diseases

## Customer Reviews

Shelley E. Taylor is professor of psychology at the University of California, Los Angeles. She received her Ph.D. in social psychology from Yale University. Her research interests are in health psychology, especially the factors that promote long-term psychological adjustment, and in social cognition. In the former capacity, she is the co-director of the Health Psychology program at UCLA. Professor Taylor is the recipient of a number of awards—most notably, the American Psychological Association's Distinguished Scientific Contribution to Psychology Award, a 10-year Research Scientist Development Award from the National Institute of Mental Health, and an Outstanding Scientific Contribution Award in Health Psychology. She is the author of more than 200 publications in journals and books and is the author of *Social Cognition* and *Positive Illusions*.

[Download to continue reading...](#)

Health Communication: From Theory to Practice (J-B Public Health/Health Services Text) - Key words: health communication, public health, health behavior, behavior change communications  
Mind Control, Human Psychology, Manipulation, Persuasion and Deception Techniques Revealed. (dark psychology, mind control, hypnosis, forbidden psychology, manipulation))  
Bone Health: Treatment for beginners - Basics about Bone Health, Bone density, Osteoporosis and Osteopenia (Osteoporosis and Bone Health - Healthy Bones Tips - Bone Health 101)  
Colon Health and Wellness: The Ultimate Guide to Colon Health the Natural Way (Colon Health, Colon Cleanse, Colon Cancer, Colon Health Guide, Colon Diet, Colorectal cancer, Colon Cleansing)  
Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community)  
Community/Public Health Nursing - E-Book: Promoting the Health of Populations (Community/Public Health Nursing: Promoting the

Health of Populations) Health Psychology (B&B Psychology) Health Psychology (Routledge Modular Psychology) Health Psychology, 2nd Edition: An Interdisciplinary Approach to Health Health Psychology: An Introduction to Behavior and Health Public Health 101: Healthy People Healthy Populations (Includes One Health Chapter) (Essential Public Health) Women's Health Concerns Sourcebook: Basic Information About Health Issues That Affect Women, Featuring Facts About Menstruation and Other ... Endometriosis f (Health Reference Series) Alkaline Diet Cookbook: Get The Health Benefits of Alkaline Diet & Balance Your Acidity Levels.: 40 Amazing Alkaline Diet Recipes (Alkaline Diet, Health, ... Eating, Optimal Health, Lose Weight Book 2) Love, Fear, and Health: How Our Attachments to Others Shape Health and Health Care Environmental Health: From Global to Local (Public Health/Environmental Health) Traditional Medicine: Implications for Ethnomedicine, Ethnopharmacology, Maternal & Child Health, Mental Health, and Public Health- An Annotated Bibliography of Africa, Latin America, & the Caribbean Community/Public Health Nursing Practice: Health for Families and Populations, 5e (Maurer, Community/ Public Health Nursing Practice) Community/Public Health Nursing Practice - E-Book: Health for Families and Populations (Maurer, Community/ Public Health Nursing Practice) Sexual Health Information for Teens: Health Tips about Sexual Development, Human Reproduction, and Sexually Transmitted Diseases (Teen Health Series) Cultural Diversity in Health and Illness/Culture Care: Guide to Heritage Assessment Health (Cultural Diversity in Health & Illness (Spector))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)